

GSC CALENDAR OF ACTIVITY - APRIL 2008

Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>9a Tax Prep 9a Nurse 10a Walking Club 10a Comp Basics I 10a Matter of Balance 1p Open Studio</p>	<p>2</p> <p>9a Chair Massage 10a Exercise 10:30a Depression 11a Personal Training 1p Mah Jongg 1p Watercolor</p>	<p>3</p> <p>10a Comp Basics I 11a Balance 1p Open Studio 1p Beer Bottling 2:30p Yoga 4:30p Dinner Club</p>	<p>4</p> <p>9a Massages 9a G-Notes 10a Exercise 1p Comp Help 1p Movie Club:</p>	<p>5</p>
<p>7</p> <p>8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 2p Poetry 3:30p Café Club 4p Well Spouse</p>	<p>8</p> <p>9a Tax Prep 9a Nurse 9a Tai Chi II 9a Men's Club 10a Matter of Balance 10a Walking Club 10a Comp Basics II 10:15a Tai Chi I 1p Discussion Grp 1p Haircuts 1p Open Studio 1p Parkinson Carers 5:30 Aging Parnts</p>	<p>9</p> <p>9a Chair Massage 10a Exercise 11 Alive & Learn 11:30 City Hope 1p Financial plan 1p Mah Jongg 1p Watercolor 1p Drawing Group</p>	<p>10</p> <p>9a Tai Chi II 10a Comp Basics II 10:15a Tai Chi I 11a Balance 1p Open Studio 1:15p Write Life 2:30p Yoga</p>	<p>11</p> <p>9a G-Notes 9a Foot Care 10a Exercise 1p Comp Help 1p Piano Lessons 1:30p Cooking Demo</p>	<p>12</p> <p><i>Antique Appraisal?</i></p>
<p>14</p> <p>8:30a Pinochle 9a Harmonicats 9a Foot Care 10a Hand/Foot Treatments 10a Exercise 11a Bridge 2p Poetry 3:30p Café Club</p>	<p>15</p> <p>8:30a Casino 9a Tai Chi II 10a Comp Basics II 10a Walking Club 10a Matter of Balance 10:15a Tai Chi I 1p Open Studio 1p S.A.G.E. Education Day</p>	<p>16</p> <p>9a Chair Massage 10a Exercise 11a Personal Training 1p Mah Jongg 1p Watercolor 1p Drawing Group</p>	<p>17</p> <p>18 9a Tai Chi II 10a Comp Basics II 10:15a Tai Chi I 11a Balance 1p Book Discussion 1p Legal Assistance 1p Open Studio 1:15p Write Life 2:30p Yoga</p>	<p>18</p> <p><i>Rummage Sale?</i> 9a Massages 9a G-Notes 10a Exercise 1p Comp Help 1p Movie Club:</p>	<p>19</p> <p><i>Rummage Sale?</i></p>
<p>21</p> <p>8:30a Pinochle 9a Foot Care 9a Harmonicats 10a Exercise 11a Bridge 2p Poetry 3:30p Café Club</p>	<p>22</p> <p>9a Tai Chi II 9a Men's Club 10a Walking Club 10a Matter of Balance 10:15a Tai Chi I 10:30a Low Vision 1p Open Studio 1p Discussion Grp 1p S.A.G.E. Action</p>	<p>23</p> <p>9a Chair Massage 10a Exercise 11a Alive & Learn 1p Mah Jongg 1p Watercolor 1p Drawing Group</p>	<p>24</p> <p>9a Tai Chi II 9:30a 55 Alive 10:15a Tai Chi I 11a Balance 11:20a Shop Around 12:30p Interfaith Sedar 1p Open Studio 1:15p Write Life 2:30p Yoga</p>	<p>25</p> <p>9a G-Notes 9a Foot Care 9:30a 55 Alive 10a Exercise 1p Comp Help 1p Piano Lessons 4:30p Spaghetti Dinner 7p Bingo</p>	<p>26</p>
<p>28</p> <p>8:30a Pinochle 9a Harmonicats 10a Hand/Foot Treatments 10a Exercise 11a Bridge 2p Poetry 3:30p Café Club</p>	<p>29</p> <p>9a Tai Chi II 10a Walking Club 10a Matter of Balance 10:15a Tai Chi I 1p Open Studio</p>	<p>30</p> <p>9a Chair Mass. 10a Exercise 1p Mah Jongg 1p Watercolor 1p Drawing Group</p>	<p>31</p> <p>9a Tai Chi II 10:15a Tai Chi I 1p Open Studio 1p Beer Tasting Party 1:15p Write Life 2:30p Yoga</p> <p><i>the latest updates and mor</i></p>		