

GSC CALENDAR OF ACTIVITY - DECEMBER 2009

Mon	Tue	Wed	Thu	Fri	Sat/Sun
	<p><i>1</i></p> <p>9a Tai Chi II 9a Nurse 10a Write Life 10a Strollers 10:15a Tai Chi I 10:30a Early Stage 1p Peace Group</p>	<p><i>2</i></p> <p>9a Chair Massage 10a Exercise 10a Spanish Grp 11a Living Alone 1p Watercolor 6p Wired for Learn</p>	<p><i>3</i></p> <p>9a Tai Chi II 10:15a Tai Chi I 10:30a Early Stage 12p Lunch Club 1p Open Studio 1p Balance 1p Baking 1:15p Write Life 2:30p Yoga</p>	<p><i>4</i></p> <p>9a G-Notes 9a Massage 10a Exercise</p>	<p><i>5</i></p> <p>10a WinterFest</p> <p><i>6</i></p> <p>10a WinterFest 12:30p Singing Christmas Tree Trip</p>
<p><i>7</i></p> <p>8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 4p Well Spouse</p>	<p><i>8</i></p> <p>9a Tai Chi II 9:30a Men's Club 10a Strollers 10a Write Life 10:15a Tai Chi I 1p Discussion Grp 1p Haircuts 1p Parkinson Grp 1p Conscious Consuming 7:30p Book discuss.</p>	<p><i>9</i></p> <p>9a Chair Massage 10a Spanish Grp 10a Exercise 11a Alive & Learn 11:30 City Hope 1p Watercolor 1:30p Financial Plan 2p Wii 6p Wired for Learn</p>	<p><i>10</i></p> <p>9a Tai Chi II 10:15a Tai Chi I 10:30a Getting out of Bed 1p Open Studio 1p Balance 1p Baking 1p Nourish Your Body 1:15p Write Life 2:30p Yoga</p>	<p><i>11</i></p> <p>9a G-Notes 9a Foot Care 10a Exercise 12p Hanukkah Celebration 2p Jazz with Bud 2:30p Cooking Demo 1p Sharing Digital Photos</p>	<p><i>12</i></p> <p><i>13</i></p>
<p><i>14</i></p> <p>8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 12p Red Hats Lunch Outing 1p Alternative Gift Market</p>	<p><i>15</i></p> <p>7:45a Casino 9a Tai Chi II 10:15a Tai Chi I 10a Strollers 10:30 Early Stage 10:30 Early Stage Caregivers</p>	<p><i>16</i></p> <p>9a Chair Massage 10a Spanish Grp 10a Exercise 11a Living Alone 1p Watercolor 2p Wii 6p Wired for Learn</p>	<p><i>17</i></p> <p>10a Don & Diane 9a Tai Chi II 10:15a Tai Chi I 1p Book Discussion 1p Open Studio 1p Balance 1p Legal Assistnce 1p Baking 1:15p Write Life 2:30p Yoga 3:30 Male Caregivers</p>	<p><i>18</i></p> <p>9a G-Notes 9a Massage 10a Exercise 12p Holiday Party and Gift Exchange</p>	<p><i>19</i></p> <p><i>20</i></p>
<p><i>21</i></p> <p>8:30a Pinochle 9a Foot Care 9a Harmonicats 10a Exercise 11a Bridge</p>	<p><i>22</i></p> <p>9:30a Men's Club 10a Strollers 1p Discussion Grp 1p Hearing Aid Help 1p Aging with Optimism</p>	<p><i>23</i></p> <p>9a Chair Massage 10a Spanish Grp 10a Exercise 11a Alive & Learn 1p Watercolor 6p Wired for Learn 7:30p Book discuss.</p>	<p><i>24</i></p> <p>1p Baking 1p Open Studio 2:30p Yoga</p>	<p><i>25</i></p> <p>Merry Christmas! 1pm Christmas Dinner</p>	<p><i>26</i></p> <p><i>27</i></p>
<p><i>28</i></p> <p>Office closed for Holiday Break.</p>	<p><i>29</i></p>	<p><i>30</i></p>	<p><i>31</i></p>		