

GSC CALENDAR OF ACTIVITY - JULY 2010

Mon	Tue	Wed	Thu	Fri	Sat/Sun
			1 9a Tai Chi II 10a Tai Chi I 12p Lunch Club 1p Open Studio 1p Feldenkrais 2:30p Yoga	2 8:30a EnhanceFit 9a G-Notes 9a Massages 10a Exercise 12p Culture 1p Touch Drawing 2:30p Farmers Mkt Walk 4p Draw at the Mkt	3 4
5 8:30a EnhanceFit 8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 1p Piano 4p Tennis Tap 7p Comput. Basica 7p Guitar II	6 9a Nurse 9a Tai Chi II 10a Write Life 10a Walking Club 10:15a Tai Chi I 10:30a Early Stage 11a Feldenkrais 1p Peace Group 1p Line Dancing 6p Excel w/ Excel	7 8:30a EnhanceFit 9a Chair Mass. 10a Exercise 10a Mixed Media 10a Lang. Exch. 11a Living Alone 1p Watercolor 12:30p Facebook 6p Wired for Learn 7p Guitar I	8 9a Tai Chi II 10:15a Tai Chi I 1p Open Studio 1p Card Making 1p Feldenkrais 2:30p Yoga 1p Senior Voices 4p Well Spouse	9 8:30a EnhanceFit 9a G-Notes 9a Foot Care 10a Exercise 11a Lemonade 1p Alt Gift Mtg 1p Culture 2:30p Market Walk 4p Draw at the Mkt	10 11
12 8:30a Enhance 8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 12p Red Hats 1p Piano 2p Soul Collage 2p Change Diet 4p Tennis Tap 7p Comput. Basica 7p Guitar II	13 9a Tai Chi II 9:30a Men's Club 10a Write Life 10a Walking Club 10:15a Tai Chi I 11a Feldenkrais 1p Haircuts 1p Parkinson Grp. 1p Discussion Grp 1p Line Dancing 2p The Show 6p Excel w/ Excel	14 8:30a EnhanceFit 9a Chair Mass. 10a Exercise 10a Lang. Exch. 10a Mixed Media 1p Watercolor 1p Reading Labels 1:30p Financ. Plan 6p Wired for Learn 7p Guitar I	15 9a Tai Chi II 10:15a Tai Chi I 10:30a Manage Stress 1p Book Discussion 1p Legal Assistance 1p Feldenkrais 1p Open Studio 2:30p Yoga 3:30 Male Care. 6p PowerPoint	16 8:30a EnhanceFit 9a G-Notes 9a Massages 10a Exercise 12p Luau 12p Write to Grow Wkshp 1p Culture 1p Touch Drawing 2:30p Market Walk 4p Draw at the Mkt	17 18
19 8:30a Enhance 8:30a Pinochle 9a Foot Care 9a Harmonicats 10a Exercise 11a Bridge 1p Piano 2p Soul Collage 2p Change Diet 4p Tennis Tap 7p Comput. Basica 7p Guitar II	20 7:45a Casino 9a Tai Chi II 10a Write Life 10a Walking Club 10:15a Tai Chi I 10:30a Early Stage 10:30 Ear. St. Care 11a Feldenkrais 1p Line Dancing 2p SAGE Mtg 6p Elders&Wisdm 6p Home Network	21 8:30a EnhanceFit 9a Chair Mass. 10a Mixed Media 10a Lang. Exch. 10a Exercise 11a Living Alone 1p Watercolor 6p Wired for Learn 7p Guitar I	22 9a Tai Chi II 9:30a Driver Safety 10:15a Tai Chi I 10:30a Manage Stress 1p Feldenkrais 1p Open Studio 1p Book Swap 2:30p Yoga	23 8:30a EnhanceFit 9a G-Notes 9a Foot Care 9a Trip to WS 9:30a Driver Safety 10a Exercise 1p Jewelry making 1p Culture 2:30pMarket Walk 4p Draw at the Mkt	24 25
26 8:30a Enhance 8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 1p Piano 1p Cell Phone 2p Soul Collage 2p Change Diet 4p Tennis Tap 7p Comput. Basica 7p Guitar II	27 9a Tai Chi II 9:30a Men's Club 10a Write Life 10a Walking Club 10:15a Tai Chi I 11a Feldenkrais 1p Hearing Aid 1p Discussion Grp 1p Line Dancing 2p The Show 6p Home Network	28 8:30a EnhanceFit 9a Chair Mass. 10a Mixed Media 10a Lang. Exch. 10a Exercise 11a Families 1p Watercolor 6p Wired for Learn 7p Guitar I	29 9a Tai Chi II 10:15a Tai Chi I 1p Open Studio 1p Feldenkrais 2:30p Yoga 6p Gmail Unleashed	30 8:30a EnhanceFit 9a G-Notes 10a Exercise 1p Culture 2:30p Farmers Mkt Walk 4p Draw at the Mkt 4:30p Spaghetti Dinner 7p Bingo/Karaoke	31 Aug 1