

GSC CALENDAR OF ACTIVITY - JUNE 2010

Mon	Tue	Wed	Thu	Fri	Sat/Sun
<p><i>Check out lunch every Monday in the summertime. Our cooks will be making lunches with fresh ingredients from the PNA Farmers Market!</i></p>	<p>1 9a Tai Chi II 9a Nurse 10a Walking Club 10:15a Tai Chi I 10:30a Early Stage 11a Feldenkrais 1p Peace Group 1p Line Dancing</p>	<p>2 9a Chair Massage 10a Exercise 10a Lang. Exchange 10a Mixed Media 11a Living Alone 1p Watercolor 6p Wired for Learn</p>	<p>3 9a Tai Chi II 10:15a Tai Chi I 12p Lunch Club 1p Open Studio 1p Feldenkrais 2:30p Yoga</p>	<p>4 8:30a EnhanceFit 9a G-Notes 9a Massage 10a Exercise 12p Culture 1p Touch Drawing 2:30p Farmers Mkt Walk 4p Draw at the Mkt</p>	<p>5 6</p>
<p>7 8:30a EnhanceFit 8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 1p Low Vision 4p Well Spouse 7p Comput. Basica</p>	<p>8 9a Tai Chi II 9:30a Men's Club 10a Walking Club 10:15a Tai Chi I 11a Feldenkrais 1p Discussion Grp 1p Haircuts 1p Line Dancing 1p Parkinson Grp 2p The Show</p>	<p>9 8:30a EnhanceFit 9a Chair Massage 10a Exercise 10a Lang. Exchange 10a Mixed Media 11:30 City Hope 1p Watercolor 1:30p Financial Plan 6p Wired for Learn</p>	<p>10 9a Tai Chi II 10:15a Tai Chi I 11a Like Being Old 1p Open Studio 1p Senior Voices 1p Feldenkrais 2:30p Yoga</p>	<p>11 8:30a EnhanceFit 9a Foot Care 9a G-Notes 10a Exercise 11a Lemonade 1p Culture 2:30p Farmers Mkt Walk 4p Draw at the Mkt</p>	<p>12 13</p>
<p>14 8:30a EnhanceFit 8:30a Pinochle 9a Harmonicats 9a Foot Care 10a Exercise 11a Bridge 12:30p Red Hats Lunch Outing 7p Comput. Basica</p>	<p>15 8:30a EnhanceFit 7:45a Casino 9a Tai Chi II 10:15a Tai Chi I 10a Walking Club 11a Feldenkrais 1p Line Dancing 2p SAGE Mtg</p>	<p>16 8:30a EnhanceFit 9a Chair Massage 10a Mixed Media 10a Lang. Exchange 10a Exercise 11a Living Alone 1p Watercolor 6p Wired for Learn</p>	<p>17 8:30a Enhance 9a Tai Chi II 10:15a Tai Chi I 11a Like Being Old 1p Book Discussion 1p Open Studio 1p Feldenkrais 1p Legal Assistnce 2:30p Yoga 3:30 Male Caregivers</p>	<p>18 9a Volunteer Bkfst 9a G-Notes 9a Massage 1p Culture 1p Touch Drawing 2p Make Your Own Yarn 2:30p Farmers Mkt Walk 4p Draw at the Mkt</p>	<p>19 20</p>
<p>21 8:30a EnhanceFit 8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 1p Piano 4p Tennis Shoes Tap 7p Comput. Basica</p>	<p>22 9a Tai Chi II 9:30a Men's Club 10a Walking Club 10:15a Tai Chi I 10:30a Early Stage 10:30a Early Stage Caregivers 11a Feldenkrais 1p Discussion Grp 1p Hearing Aid Help 1p Line Dancing 2p The Show</p>	<p>23 8:30a EnhanceFit 9a Chair Massage 10a Mixed Media 10a Lang. Exchange 10a Exercise 11a Wellbeing 1p Watercolor 1p Aging w/ optimism 1p First Aid Training 6p Wired for Learn</p>	<p>24 9a Tai Chi II 9:30a Driver Safety 10:15a Tai Chi I 11a Like Being Old 1p Open Studio 1p Feldenkrais 2:30p Yoga</p>	<p>25 8:30a EnhanceFit 9a G-Notes 9a Foot Care 9a Driver Safety 10a Exercise 1p Culture 1p Jewelry Making 2:30p Farmers Mkt Walk 4p Draw at the Mkt 4:30p Spaghetti Dinner 7p Bingo/Karaoke</p>	<p>26 7a Pancake Breakfast 27</p>
<p>28 8:30a Enhanc 8:30a Pinochle 9a Harmonicats 10a Exercise 11a Bridge 1p Piano 1p Cell Phone 4p Tennis Shoes Tap 5:30 Intro to Sew 7p Guitar II 7p Comput. Basica</p>	<p>29 9a Tai Chi II 10a Walking Club 10a Write Life 10:15a Tai Chi I 11a Feldenkrais 1p Line Dancing</p>	<p>30 8:30a EnhanceFit 9a Chair Massage 10a Lang. Exchange 10a Mixed Media 10a Exercise 1p Watercolor 7p Guitar I</p>			